SAINT MICHAEL’S

An intervention to optimise end of life care in any setting

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About me

Me
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Population: 156,000
Number of deaths: 1600

Saint Michaels Hospice
10 bedded specialist IPU
14 space DTU
Hospice Outreach Team
628 patients supported in 2016
The ground work

- A changing population model
  - More older people compared to the working population
    - Less family support
    - More institutionalisation
  - Increased numbers of co-morbidities
The ground work

- Changing cause of death
  - Move away from cancer
  - Increased non-communicable diseases
  - Influence of the social determinants of health
The ground work

- Financial
  - Local
    - CCG commissioning relationships – tendering
  - National
    - Brexit
    - Austerity measures
  - International
    - The “Trump” effect
    - North Korea

- Staffing
  - Numbers of people
  - Training
  - Retention – movement towards privatisation
The problem

- Saint Michael's
- Number one in the world
- Comparative differences
- Diffusion?
The research

- Some of the issues highlighted in the groundwork linked to practice diffusion
  - Public health has models which support this

- To research whether utilising a public health approach can strengthen end of life care delivery.
  - Phase one: A literature review to find out all the different system change theories utilised in public health
A Literature Review

- Limited to papers written in English
- 36 different change models identified
- Synergy
  - ‘The creation of a whole which is greater than the sum of its parts’
- Health in all policies
  - ‘Health in all policies is an approach to public policies across sectors that systematically takes into account the health and health systems implications of decisions...and avoids harmful impacts, in order to improve population health and health equity.’ (World Health Organisation)
Synergy

- How does synergy play out within EOLC?
  - Questionnaire
    - 53/163 respondents
    - Boxed questions – no correlation
  - Interviews
    - 6 completed so far 5 more to complete
  - Emerging themes
    - Non-prescribed synergy
      - Internal cultures?
    - Movement towards greater integration
      - Collaborations
      - Merges
      - National voice
Health in All Policies

- Relationship to end of life care
- Health in All Policies
  - How can we use it
  - A systematic review
    - 36 distinct uses
      - Finland ‘Think Health First’
      - Australia ‘Health Lens’

To ensure all people have equal opportunities to achieve the highest level of health

We require different sectors to work together, for example:

- Health
- Transport
- Housing
- Work
- Nutrition
- Water & Sanitation
The next steps

- Using the 36 examples develop a model of 'think death first'
  - Employment policy
  - Technological input - big data
  - Community projects
  - Fiscal approaches
  - All of it
    - THINK DEATH FIRST
      - Conceptual

- Test the model within a local Values of end of life care
- What would the key measures of its success
THE END
ANY QUESTIONS?