

The Burlington and Niagara West Compassionate City Experience



Delegates of the International Public Health and Palliative Care Conference are invited to a 2 day, one night visit to Niagara Wine Country and Niagara Falls. This tour will offer insight into two robust Compassionate City Initiatives and provide delegates with practical Compassionate City initiative examples they can take back to their communities. Delegates will also have a chance to tour Niagara Wine Country and visit breathtaking Niagara Falls.

Day One- Friday September 15th, 2017

Delegates will be picked up in the morning at the Burlington GO Station. Transportation will be provided from Burlington to McNally House Hospice in beautiful Grimsby, nestled in the heart of Niagara Wine Country. Delegates will be greeted by representatives from both McNally House Hospice and Carpenter Hospice and a morning of learning about McNally House's and Carpenter's approach to the Compassionate Cities Charter will commence.

The morning will begin with a workshop that introduces participants to the important success factors as well as lessons learned from two communities currently pursuing the Charter. Participants will learn of the unique challenges faced by both the urban (Carpenter Hospice) and rural (McNally House Hospice) communities in implementing the charter.

Participants of this workshop will walk away with practical tools on how to roll the charter out, gain buy-in from their community, as well as examples of success stories and pitfalls.

Following a question and answer period with the teams of McNally House and Carpenter, delegates will be given a tour of a number of local Compassionate City Partners, so they can experience firsthand what a Compassionate City looks like. Tour includes, Grimsby Public Art Gallery, Grimsby Library, local school and private businesses. Delegates will be treated to delicious and fresh lunch at a local restaurant followed by complimentary wine tours.

Transportation will then be provided to Niagara Falls, a world renowned tourist destination. Accommodations will be arranged at a discounted rate, but delegates are responsible for the cost. Delegates will have free time to experience everything that Niagara Falls has to offer Friday evening and Saturday.

Niagara Falls Information

Niagara Falls, the natural wonder, the Canadian Horseshoe Falls, is one of the world's most famous waterfalls. With heights of 176 feet and a colossal 150,000 gallons of water crashing down per second, you are bound to be wonderstruck by the roar of the Falls, the mystery of the rising mist and if you're lucky, the sight of rainbows overhead.

Think you've seen the Falls? Think again. This wonder takes centre stage in a range of activities you must experience to believe. Did you know that there are 3 waterfalls? The American Falls, Bridal

Veil and the Canadian Horseshoe Falls. Take an elevator 150-feet down through bedrock to tunnels behind the Falls, or explore the roar of the water on the new Hornblower Niagara Cruises. Take in the view high-above at the Skylon Tower, in a gondola on Canada's largest Niagara Skywheel, or via helicopter. From summer fireworks to winter light displays and the iconic New Year's Eve celebration, the Falls is a breathtaking backdrop year round.

Saturday, September 16th

Delegates will be picked up in the afternoon in Niagara Falls and returned to Burlington in order to catch the 17:30 train to Ottawa which arrives at 23:15 Saturday night.

Additional Information

- Should delegate wish to arrive Thursday September 14th, we are happy to help arrange accommodation.
- Meals/Accommodations/Activities at Niagara Falls are the responsibility of delegates.
- Lunch on Friday and Wines Tours Friday afternoon will be provided by McNally House and Carpenter Hospice.